



**MID-ATLANTIC EPISCOPAL SCHOOL ASSOCIATION**

**ANNUAL EARLY CHILDHOOD WORKSHOP**  
**“21<sup>st</sup> Century Learning in Early Childhood Education”**  
**October 21, 2011**

Hosted by  **ST JAMES** ACADEMY 3100 Monkton Road, Monkton, MD 21111

**Program At A Glance**

8:30-9:00 AM	Registration
9:00 – 9:15 AM	Gathering, Welcome, Prayer
9:15 – 10:00 AM	Keynote
10:00 – 10:15 AM	Break
10:15 – 11:15 AM	AM Sessions
11:15 AM – 12:00 PM	Nature Walk Capoeira Brazilian Dance
12:00 – 12:45 PM	Lunch Director’s Roundtable
12:45 -1:45 PM	PM Sessions
2:00 PM	Departure
All Day	Vendor Sales

**Workshop participants will have the opportunity to attend the Keynote and three Sessions (AM, Midday, & PM)**

<b>AM SESSIONS (10:15 – 11:15)</b>		<b>LOCATION</b>	<b>PM SESSIONS (12:45 – 1:45)</b>		<b>LOCATION</b>
<b>A.</b>	Puppetry Valerie Smalkin, St. James Academy (SJA)		<b>K.</b>	Puppetry Valerie Smalkin, SJA	
<b>B.</b>	Tech Panel: Uses, Joys & Concerns Joe Edel, IT SJA		<b>L.</b>	Toil in the Soil! Lauren Unkle, SJA	
<b>C.</b>	Managing the Anxious Child Jill Rowan, SJA		<b>M.</b>	Managing the Anxious Child Jill Rowan, SJA	
<b>D.</b>	Green Teaching & Learning Kate McLynn, St. Columba’s		<b>N.</b>	Green Teaching & Learning Kate McLynn, St. Columba’s	
<b>E.</b>	Kids Are Curious: Divergent Artistic Thinking Annie Bergland, SJA		<b>O.</b>	Music Colleen Case, SJA	
<b>F.</b>	Poetry & Yoga Sue Wallis & Judy Gault, Teachers, SJA		<b>P.</b>	Solving Problems with Movement Helen Kessler, SJA	
<b>G.</b>	Mathematics Dr. Beth Cole, St. Patrick’s		<b>Q.</b>	Mathematics Dr. Beth Cole, St. Patrick’s	
<b>H.</b>	Brain Gym 101 (AM session only) Sally Loercher, SJA		<b>R.</b>	Integrating Dramatic Play & Literature (PM session only) Valerie Marsh, Garrison Forest School	
<b>MIDDAY SESSIONS (11:15 – 12:00)</b>			<b>LOCATION: School Lobby</b>		
<b>I.</b>	Nature Walk Marc Cousins & Laura Glushkow, SJA		<b>J.</b>	Movement: Capoeira Brazilian Dance Presenter: TBA	

## Keynote Speakers

### Dr. Elizabeth Legenhausen & Valerie Smalkin, St. James Academy

Elizabeth Legenhausen, Head of SJA, spent 5 precious years as a Preschool Director prior to her 25 year tenure at SJA. Valuing creativity within the context of what works with preschoolers set against a backdrop of current brain research inspires today's keynote.

Valerie Smalkin, author of *The Early Childhood Music Curriculum* (Continental Press. 1996), and co-producer of the Emmy Award winning *It's Kindertime* (WMAR TV 2) introduces young children to the joy and creativity of music through age appropriate activities. Through puppets, song, dance, and hands-on musical instrumental experience, Val teaches dynamics, tone, color, duration, pitch, and steady beat, even though her students cannot read or write the words!

## AM Sessions

### A. Puppet Partners (will repeat in PM)

**Valerie Leonhart Smalkin, St. James Academy**

Learn to use puppets as an effective teaching tool, and improve your puppeteering skills. Valerie will share a few puppeteering and ventriloquism tips, and give a short demonstration using a puppet for lesson reinforcement. Please come with at least one concept you would like to teach with the help of a puppet partner. Each participant will make a simple puppet to take home, and any participant who wishes may take the "stage" and try out his or her new skills. Participants will leave with plans for simple puppets they or their students can make in the classroom.

### B. Technology: The Future is Now (AM session only)

**Joe Edel, IT St. James Academy**

Your preschool children live in a digital world. Take a peek into what their future classroom will look like with hands-on activities utilizing SmartBoards and iPads.

### C. When the World's a Scary Place: Managing the Anxious Child (will repeat in PM)

**Jill Rowan, School Counselor, St. James Academy**

When your students' worries begin to control their lives, the lives of other students, and maybe even yours it's time "to beat feet" to this workshop on childhood anxiety. Come ease *your* mind with information to help you: understand the wiring that's being activated, recognize the behaviors that tell you worry has taken up residence, and collect tips to help you "send worry packing".

### D. Green Teaching & Learning (will repeat in PM)

**Kate McLynn, St. Columba's**

Sustainable schools create healthy and livable places for children to play and learn. Come hear about the five things you can do at school to become green and sustainable. Ten hands-on science lessons that teach exciting and standards-based science content are in the handout. Find out how to transform your playground and classrooms into vibrant and verdant landscapes for learning. Sustainable schools help children learn about the interconnectedness of the earth and its human inhabitants. Gardening, composting, vermiculture, urban wildlife, water science, and cooking all from your outdoor space.

**E. Kids Are Curious: Divergent Artistic Thinking (AM session only)**  
**Annie Bergland, Art Teacher, St. James Academy**

Support the concept that children are curious about everything around them! This presentation includes art projects that explore nature i.e. birds, flowers, insects; how things work, i.e., what's inside of a computer, clock, or car; and different people and places. Be prepared to create and amaze!

**F. Poetry & Yoga for Young Learners (AM session only)**  
**Sue Wallis & Judy Gault, Teachers, St. James Academy**

Lions, and tigers, and yoga? All children love rhymes, animals, and movement. In this workshop we will explore ways to integrate poetry with simple yoga positions. We'll learn poses that young children can do as we recite corresponding animal poems. This hands-on activity will extend to other reading skills as we promote language through language experience activities and games. You will take away a booklet of poems, poses, and extension ideas to implement with your young learners.

**G. Mathematics (will repeat in PM)**  
**Dr. Beth Cole, St. Patrick's**

While most teachers find it easy to include early literacy activities, many find it harder to incorporate ideas of early numeracy into their preschool classroom. In this workshop we will explore some of the research in early numeracy and learn some of the key developmental landmarks. You will leave the workshop with a number of activities that you can implement in the classroom right away as well as some ideas to think about as you develop new curricular units.

**H. Brain Gym 101 (AM session only)**  
**Sally Loercher, St. James Academy**

The importance of the body-mind connection is crucial to early childhood development. Moving with intention in the classroom leads to optimal learning.

## Midday Sessions

**I. Nature Walk (AM session only)**  
**Marc Cousins & Laura Glushkow, St. James Academy**

When children explore their outdoor environment they engage all senses to focus on their surroundings. Whether it is a crack in the sidewalk that is teeming with ants or a field of goldenrod, children are interested. Intentional outdoor experiential education helps children develop care and concern for our world while honing observations. Take a walk through the campus of St James and discover the beauty and simplicity of the outdoors.

**J. Movement: Capoeira Brazilian Dance (AM session only)**  
**Presenter: TBA**

Capoeira is a Brazilian martial art which combines fighting, acrobatics, dance and music with roots in Brazil during the Portuguese colonial period. Over the years Capoeira has progressed to a revered part of Brazilian culture practiced by all classes, genders and races of people as means of developing one's mind, body and soul.

**K. Puppet Partners** (repeat of AM session)

**Valerie Leonhart Smalkin, St. James Academy**

Learn to use puppets as an effective teaching tool, and improve your puppeteering skills. Valerie will share a few puppeteering and ventriloquism tips, and give a short demonstration using a puppet for lesson reinforcement. Please come with at least one concept you would like to teach with the help of a puppet partner. Each participant will make a simple puppet to take home, and any participant who wishes may take the "stage" and try out his or her new skills. Participants will leave with plans for simple puppets they or their students can make in the classroom.

**L. Toil in the Soil!** (PM session only)

**Lauren Unkle, St. James Academy**

Children as well as adults respond with enthusiasm and excitement to growing things. Many children do not have the experience of digging in the soil and exploring the world beneath their feet. This workshop is designed to connect students and their teachers to both the life underground and the beauty that growing plants bring to the world. The activities that you will participate in contain reading pieces, hands on activities, and fun scientific investigations, so join us as we "Toil in the Soil".

**M. When the World's a Scary Place: Managing the Anxious Child** (repeat of AM session)

**Jill Rowan, School Counselor, St. James Academy**

When your students' worries begin to control their lives, the lives of other students, and maybe even yours it's time "to beat feet" to this workshop on childhood anxiety. Come ease *your* mind with information to help you: understand the wiring that's being activated, recognize the behaviors that tell you worry has taken up residence, and collect tips to help you "send worry packing".

**N. Green Teaching & Learning** (repeat of AM session)

**Kate McLynn, St. Columba's**

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**O. Music: This End Up** (PM session only)

**Colleen Case, St. James Academy**

THIS END UP. No, not the furniture maker, the melody! Get ready to move to the music and join the band. Using awareness of learning styles and differentiated teaching methods, participants will experience ways to teach young learners abstract musical concepts through tangible and cross curriculum connections.

**P. Where's Your Upside Down?** (PM session only)

**Helen Kessler, St. James Academy**

Through individual, partnered, and group activities we will explore movement as a problem solving technique. Using inexpensive manipulatives and resources you will gather ideas to guide young learners' brains and bodies through life's challenges. For example, can you keep a balloon in the air with only one named body part?

**Q. Mathematics** (repeat of AM session)  
**Dr. Beth Cole, St. Patrick's**

While most teachers find it easy to include early literacy activities, many find it harder to incorporate ideas of early numeracy into their preschool classroom. In this workshop we will explore some of the research in early numeracy and learn some of the key developmental landmarks. You will leave the workshop with a number of activities that you can implement in the classroom right away as well as some ideas to think about as you develop new curricular units.

**R. Integrating Dramatic Play & Literature** (PM session only)  
**Valerie Marsh, Garrison Forest School**

Using familiar works of literature and age appropriate activities to enliven student classroom engagement! Depart with numerous ideas to expand your Teacher Toolbox.

**Directions to St. James Academy – 3100 Monkton Rd. Monkton, MD 21111 (410) 771-4816**

**From 695 (Baltimore Beltway):**

- Take the Dulaney Valley Road (Exit 27B) North
- Continue on Dulaney Valley Road crossing the Loch Raven Reservoir then bear left onto Jarrettsville Pike
- Continue on Jarrettsville Pike for approximately 6.5 miles.
- Turn left onto Manor Road (4th traffic light after crossing the bridge)
- Continue on Manor Road for approximately 2 miles passing the Manor Tavern on the right. Manor Road changes to Monkton Road at this point.
- You will see the St. James Church steeple on the hill to the right. Enter the driveway on the right and follow it around to the school building's main entrance.

**From I-83 (Jones Falls Expressway):**

- Travel north to Mount Carmel Road (Exit 27)
- Turn right at the stop sign onto Mount Carmel Road
- Continue to the traffic light and turn right (south) onto York Road
- Make an immediate left onto Monkton Road. The Hereford Methodist Church is on the corner.
- Continue for 7 miles on Monkton Road. After crossing the NCR trail (about 4 miles along) make a hard right to remain on Monkton Road.
- Continue on Monkton Road until you come to St. James Church and Academy on your left. Enter by the lower entrance and follow the driveway to the school building's main entrance.



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October 21, 2011

Hosted by  **ST JAMES**  
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3100 Monkton Road, Monkton, MD 21111

**All Registration Forms must be received by Friday, October 14, 2011**

(Please Print)

School/Program \_\_\_\_\_

Director/Supervisor \_\_\_\_\_

Address \_\_\_\_\_

City /State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_ Email \_\_\_\_\_

**Cost: Members - \$60.00 includes lunch      Non Members - \$75.00 includes lunch**

Number attending \_\_\_\_\_ Amount of check enclosed \$ \_\_\_\_\_

**(Make checks payable to MAESA)**

**Please print names of attendees and workshop choices below. Mail completed registration form and check to: MAESA Preschool Workshop, c/o The Rev. Claudia Tielking, 6533 Mulroy Street, McLean VA 22101. Questions? Call 703-506-0441.**

**Workshop Preferences:** Please select your 1<sup>st</sup> and 2<sup>nd</sup> choice for two sessions. If you require more space, please print additional names and workshops on a separate sheet.

Attendee's Name	AM Session	Midday Session	PM Session	Vegetarian?
1. _____	1.____ 2.____	1.____ 2.____	1.____ 2.____	Y/N
2. _____	1.____ 2.____	1.____ 2.____	1.____ 2.____	Y/N
3. _____	1.____ 2.____	1.____ 2.____	1.____ 2.____	Y/N
4. _____	1.____ 2.____	1.____ 2.____	1.____ 2.____	Y/N
5. _____	1.____ 2.____	1.____ 2.____	1.____ 2.____	Y/N
6. _____	1.____ 2.____	1.____ 2.____	1.____ 2.____	Y/N
7. _____	1.____ 2.____	1.____ 2.____	1.____ 2.____	Y/N
8. _____	1.____ 2.____	1.____ 2.____	1.____ 2.____	Y/N